

Appendix Two - Questions on cannabis that may be useful in discussion with appropriate patients

To be administered following an assessment of the individuals historical and present day cannabis use

1. Have people close to you complained about your cannabis use?
2. Do you have problems with short term memory?
3. Have you experienced 'paranoid' episodes following cannabis use?
4. Do you find it difficult to get through a day without a 'joint'?
5. Do you lack the energy to get things done in the way you used to?
6. Do you ever worry about the effects of your cannabis use?
7. Do you have more difficulty in understanding new information? (difficulty in studying)
8. Have you ever unsuccessfully attempted to cut down or stop your cannabis use?
9. Do you like to get 'stoned' in the morning?
10. Are you spending more and more time 'stoned'?
11. Do you experience cravings, headaches, irritability or difficulty in concentration when you cut down or cease cannabis use?

An answer YES to three or more questions suggests problematic cannabis use.

These are used as a tool in the assessment of clients who have a cannabis use problem.

(ALAC, 1996)