


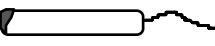
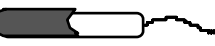



6.4 Pictorial Bleeding Assessment Chart

Fig 6.1: An example of a pictorial bleeding assessment chart

NAME

DATE									
TOWEL		1	2	3	4	5	6	7	8
1		//	/	/	/	//	/		
5			###	///	//				
20			//	//					
TAMPON		1	2	3	4	5	6	7	8
1			/			/			
5			//	///	//				
10			### /	///					
DAILY SCORE		2	137	101	21	3	1		

TOTAL SCORE = 265

(Jansen 1995)

If score of >185 then likelihood of menstrual blood loss ≥ 80 mls/cycle is increased.