

APPENDIX 5: RESOURCES FOR REFERRAL OR ASSISTANCE

Who you turn for referral or assistance with a young person at risk will depend upon your role and the nature of the problem. Your local phone book will be a good source of information as will the Citizens Advice (local number or 0800 367 222). Some areas will have local social service directories.

The following people or organisations may be helpful for consultation, referral or support for the young person and their family:

- Social workers working in Social Workers in Schools programme
- School guidance counsellors
- Specialist Education Services (including the Eliminating Violence, Managing Anger programme)
- Public health nurses
- Māori social services
- Māori mental health providers: Contact the Health Funding Authority's Māori Health Group for a directory of Māori providers in your local area.
- Pacific health and mental health services
- Cultural advisors are attached to many Mental Health Teams
- Children, Young Persons and their Families Agency
- Victim Support: provides support for victims and their families following crime, accident or emergencies, available 24 hours a day. Can be contacted through local police station.
- Alcohol Helpline: 0800 787 797 open 2pm to 10pm daily. They can provide information on alcohol and other drugs and advise on treatment services available in your area.
- Doctors' Health Advisory Service: free phone 04 471 2654 24 hours.

Look in Personal help services section in the white pages for local support services such as:

- Youthline 0800 376 633
- Lifeline
- Samaritans
- Support groups eg: Gay and lesbian support groups, postvention support groups.